

# Assistant Coach Immersion Program

WED 5/27	Class	Faculty
2:00	Welcome Coaches!	Celia Slater
3:15	Philosophy Soup	Celia Slater
4:30	Break	
4:45	Personal Excellence, Fear, Failure and the Fun Zone.	Sue Enquist
6:00	Dinner	
7:15	Ask Anything!	Anson Dorrance
8:30	Speed Meet!	Celia and Staff
9:00	Sleep or Networking	
THURS 5/28	Class	Faculty
7:00	Yoga and Meditation	Erica Quam
8:00	Breakfast	
8:30	Gender Differences in Leading Men & Women	Anson Dorrance
10:15	Break	
10:30	DISC and Your Coaching Style	Liz Hanson
12:00	Lunch	
1:00	Open Discussion-To Be or Not to Be a Head Coach!	Julie Shaw & Friends
2:00	What Do You Value?	Liz Hanson
4:00	Break	
4:15	Diamond of Success-Philosophy Sample #1	Holly Hesse
6:15	Dinner	
7:30	Welcome to College: Opportunities & Challenges Unique to This Generation	Dan Lerner
9:00	Sleep or Networking	
FRI 5/29	Class	Faculty
7:00	Yoga and Meditation	Erica Quam
8:00	Breakfast	
8:30	A Conversation About Confidence	Becky Burleigh & Celia Slater
9:00	CPR: Philosophy Sample #2	Becky Burleigh & Brett Ledbetter
12:00	Lunch	
1:00	Preparing, Planning & Organizing for a Championship Season!	Holly Hesse
2:30	Break	
2:45	Listen & Be Heard!	Betsy Butterick
4:30	Positive Peak Performance	Dan Lerner
6:00	Dinner	
7:00	Take a Stand!	Celia Slater
8:00	Networking Reception with WCA and NACWAA	

# Assistant Coach Immersion Program

<b>SAT 5/30</b>	<b>Class</b>	<b>Faculty</b>
7:00	Yoga and Meditation	Erica Quam
8:00	Breakfast	
8:30	The X's & O's of the Hiring Process	Lesley Irvine
10:00	Break	
10:15	Athletics Director Panel	Lesley Irvine, Steve Kirkham, Sandee Mott
12:00	Lunch	
1:00	The Art of Conflict Lab	Becky Burleigh & Kelly Dolson
3:00	Break	
3:15	Courage and Connection	Celia Slater
6:00	Dinner	
7:00	Mental Training	Holly Hesse
8:00	Last Night Gathering in "The Dawg!"	
<b>SUN 5/31</b>	<b>Class</b>	<b>Faculty</b>
7:00	Yoga and Meditation	Erica Quam
8:00	Breakfast	
8:30	What's Next	Celia Slater
9:30	My Coaching Tribe	Celia Slater
10:30	Break	
10:45	Closing Circle	Celia Slater
12:00	Lunch and Departures	