



# Welcome Coaches!



truenorthsports

## COACH ON THE RISE ACADEMY

An interactive course designed to provide each coach with the framework needed to develop their authentic coaching philosophy, team culture and program structure.





# True North Sports Staff & Responsibilities



**Celia:**  
Our Fearless Leader and Founder of True North Sports!  
**Duties:** Monthly Commercial, Office hours, wisdom sharing  
**Celia@truenorthsports.net**

**Katie:** COO @ True North Sports  
**Duties:** All Course Logistics, Everything Compass Assessment & the BOSS of the Coach on the Rise Coaching Portal  
**Katie@truenorthsports.net**



**Holly:** Director of Education @ True North Sports and Head Softball Coach at Missouri State University.  
**Duties:** Academy Content & *Collaboration Huddle* details  
**Holly@truenorthsports.net**





## 4 Goals For the Academy:



1) **Radical Self-Awareness** = Begin *Within* Coaching

2) **Provide TOOLS & SKILLS** to develop your coaching philosophy and organize your program



3) **Connect you to a COMMUNITY** of Coaches from all sports

4) **Inspire & MOTIVATE YOU** while having some **FUN!**





To Sum it up....  
Our **PURPOSE** is to *Train & Develop:*

Conscious, Competent and Caring Coaches!



We CARE about YOU....





# The Anatomy of a Competent & Professional Coach =



**Profession of Coaching > The Sport You Coach**





# Our HOW: 3 Things You Can Expect from *US Each Month!*



## **1) *Pre-Huddle Commercial from Celia:***

1 week out from each ***Collaboration Huddle*** you will receive a video or an audio reminder via email

## **2) *Collaboration Huddle:***

Video conference gathering on the **3<sup>rd</sup> Tuesday of each month @ 8:00 pm EDT.**  
You will get an email reminder that day!  
We use ZOOM as our learning platform.



**3) *Post-Huddle E-Newsletter:*** Complete with Huddle highlights, deep dive activities and what's next.

**Our Full Engagement!**





# Your Academy Success List



- 1) **Show up & show up on time!**  
\* **Rewards for perfect Attendance**  
\* **Grand Prize is free tuition to 2018 Camp Elevate**



- 2) **Use the Coach on the Rise Portal**  
\* **Create username and password**  
\* **Bookmark site for easy and quick access**  
**(Watch for email from Katie!)**



- 3) **Read the “Huddle Newsletter.” It will be emailed after each Collaboration Huddle and will contain “Deep Dive” activities and What’s Coming Next!**



- 4) **Deep Diving Ducks - Do you really want to go deeper?**  
**Start by completing the Coaching COMPASS Assessment.**  
**(Watch for email from Katie!)**



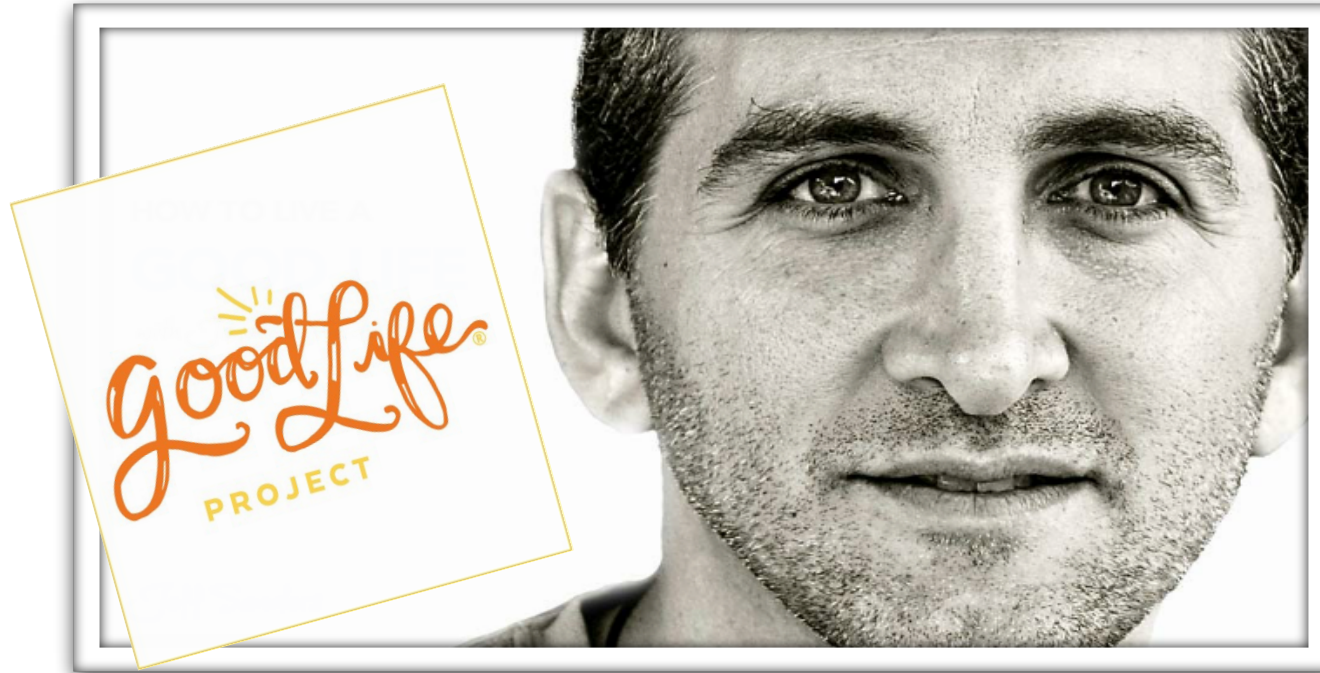
- 5)  **Get involved on Facebook - join the conversation!**







# How To Live a Good Life!



Join us for the **Coach on the Rise Academy** Kick-Off with best-selling author,

**Jonathan Fields!**

**Wednesday, August 9th at 8pm EDT**

