

## COMPASS SELF-ASSESSMENT DIRECTIONS

This assessment is meant to focus on the current evidence in your coaching experience. We intentionally did not write this as a “Skills” Assessment but instead as, “What are you doing this year in coaching?” For us to truly help you identify your strengths and weaknesses and build from that personal place, we need you to be as honest as possible. Your results will be private and you will have full control of who sees those results outside of yourself and our True North Sports faculty. Please do not spend more than 15-20 seconds on any one question, your initial response is what we are hoping to gather.

Click on the following link: <https://gotruenorthsports.typeform.com/to/pHXUiG>  
and click “Let’s GO!” or press ENTER



1. Fill in your first name and click Ok or press ENTER.

1 → What is your first name?\*



Katie|



2. Fill in your last name and click Ok or press ENTER.

2 → And what is your last name, Katie ?\*

Wano|



- 3.

3. Fill in today's date.

3→ What is today's date?\*

07 / 11 / 2016

Ok ✓ press ENTER

4. Check "Yes" for is this is a SELF Assessment?









4→ Is this a SELF assessment?\*

Y Yes ✓

N No

5. Please check the sport you coach.

What sport do you coach?\*

 A Ice Hockey	 B Volleyball ✓	 C Track and Field	 D Golf
 E Wheeling	 F Lacrosse	 G Tennis	 H Football

6. Please type in the name of the school where you coach.

6→ At what school do you coach Volleyball ?\*

If you are not currently coaching at a school, please list the last institution that you coached at.

Georgia State University|

Ok ✓ press ENTER

7. Please type in your job title.

7 → What is your job title?\*

Assistant Coach

Ok ✓ press ENTER

8. Type in the name of your direct supervisor.

8 → Who is your supervisor?

Celia Slater

Ok ✓ press ENTER

9. Type in the month of your last performance review.

9 → When was your last performance review?\*

If you never had a performance review previously, please choose "I have never been reviewed"

May

10. Click "Onward!" or press ENTER to begin self-assessment.

" Katie, you will now be shown a series of statements about your coaching performance.

It is very important that you **do not over think your response**. Go with the answer that jumps out at you first! Please note that all questions marked with an asterisk (\*) are required.

Onward! press ENTER