



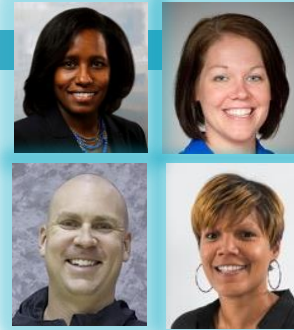
FOR ALL COACHES OF ALL SPORTS!

2019 Camp Elevate Schedule

Tuesday, May 28, 2019 -- Gather!

12:00– 5:00 pm
 3:00– 5:00
 5:30 – 6:30
 6:30 – 7:30
 7:30 – 8:30 pm

Registration and Dorm Check- In
Pre-Camp Workshops for Head and Assistant Coaches
Group Gathering, Networking and Meet Your Team!
 Dinner Campus Dining (Roaring Fork)
Opening Keynote -- Camp Kick Off!



Wednesday, May 29, 2019 -- Day of WOW!

6:00 am – 7:00 am
 7:00 – 8:00
 8:15
 8:30 – 9:45
 9:45 – 10:00
 10:00 – 12:00
 12:00 – 1:30
 1:30 – 2:15
 2:15 – 3:45
 3:45 – 4:00
 4:00 – 6:00
 6:00 – 7:30
 7:30 – 9:00

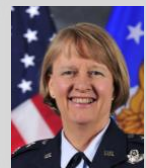
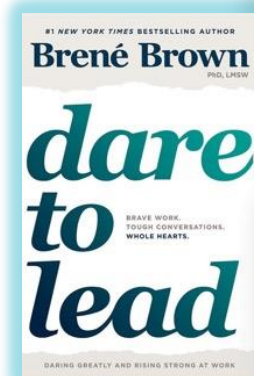
Vitality Bucket: Exercise, meditation or sleep in!
 Breakfast (Roaring Fork)
Welcome! (Celia)
Celia – Power of Owning Your Story
 Break
Chad Hymas one of the 10 Most Inspirational Speakers in the World!
 Lunch (Roaring Fork)
Chad Hymas: Part 2 and Book Signing
Live Coaches on the Rise Podcast interview with Nevin Caple on Diversity & Team Culture
An Open Discussion on Race, Religion, Gender and Sexuality
 Break
Dr. Tiffany Jones: Creating “Mind Gyms” To Develop Mental Toughness in Today’s Athlete’s
 Dinner (Roaring Fork)
Cassia Cogger and DJ Burleigh-The Creativity and Innovation Lab



Thursday, May 30, 2019 -- Dare to Lead Training Day!

6:00 am – 7:00 am
 7:00 – 8:00
 8:15
 8:30 – 12:00
 12:30 – 2:00
 2:00 – 5:00
 5:00 – 6:00
 6:00 – 7:30
 7:30 – 9:00

Vitality Bucket: Exercise, meditation or sleep in!
 Breakfast (Roaring Fork)
 All Aboard the Bus!
Becky Burleigh: Dare to Lead Hike (With Barb Faulkenberry)
 Lunch (Roaring Fork)
Becky Burleigh: Dare to Lead Workshop
Group Prep for Coaching Idea Sharing
 Dinner (Roaring Fork)
Theresa Beeckman: Coaching Idea Sharing Lab and Reception



6:00 – 7:00	Validity Bucket: Exercise, meditation or sleep in!
7:00 – 8:00	Breakfast (Roaring Fork)
8:15 – 9:45	Holly Hesse: Developing a Culture of “Growth Mindset” Feedback
9:45 – 10:00	Break
10:00 – 11:00	Team Reflection Circles
11:00 – 12:30	<i>Closing Circle (Celia)</i>
12:30– 1:30	Lunch (Roaring Fork) Depart for Home!
1:00 pm	Shuttle Leaves for Denver Airport

