



Chapter 5 – 4 Systems to Being a Productive Coach

Deep Dive Ideas

Explore my friend Charlie Gilkey's Website and book.
His company is called Productive Flourishing.

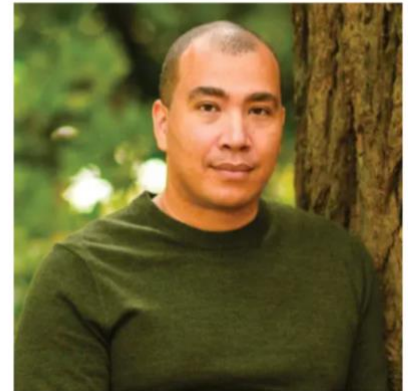
<https://www.productiveflourishing.com/>

Welcome to Productive Flourishing

Thanks so much for choosing to be a part of the Productive Flourishing community. I'm Charlie Gilkey, founder, philosopher (no really, with a degree and all), former Army officer, business and executive coach, speaker, and *Creative Giant*.

What are [Creative Giants](#)? We're a growing group of doers with the vision to see how the world could be, the smarts to figure out how to make it happen, and the grit to do the work.

Sound familiar? Good, because you're probably a Creative Giant, too.

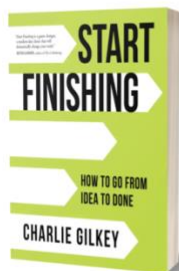


Check out Charlie's book: Start Finishing here:

<https://www.productiveflourishing.com/start-finishing/>



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START FINISHING

How to Go from Idea to Done

Available everywhere books are sold.

Too often we look back at the end of the week and are frustrated that we didn't make progress on our soul-deep dreams and goals that seem to remain eternally out of reach. *Start Finishing* presents a 9-step method for success — including identifying your genius, building a success pack of supporters, navigating multiple projects, and overcoming the challenges that come with doing the work that matters. *Start Finishing* features contributions from Seth Godin, Susan Piver, Jonathan Fields, James Clear, and more.





Chapter 5 - Deep Dive Ideas

Charlie also has some great resources on his website.

My favorite is his *"Block Planning System"*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Writing	Recording	Coaching	Coaching	Catch-Up	Social Fun	Recharge
Recovery	Recovery	Recovery	Recovery	Recovery	Recovery	Recovery
Focus	Focus	Focus	Focus	Focus		
Focus	Focus	Focus	Focus	Focus		
Focus	Focus	Social	Social	Focus		
Recovery	Recovery	Recovery	Recovery	Recovery		
Admin	Social	Social	Social	Admin		
Social	Admin	Admin	Admin	Social		
Admin	Social	Social	Social	Admin		
Recovery	Admin	Admin	Admin	Recovery		

He also has some FREE planners on his site as well.

Take a look here:

<https://www.productiveflourishing.com/free-planners/>

FREE Digital Momentum Planners

DAILY MOMENTUM PLANNER
Day/Date: _____

TODAY'S PROJECTS
What are you working on?
Project: _____ Due Date: _____ Day: _____ Event: _____

SCHEDULED EVENTS
What are you scheduled for?
Event: _____ Day: _____ Time: _____

TODAY'S SCHEDULE
When will you get your work done?
Project: _____ Day: _____ Time: _____

SUPPORTING TASKS
What do you need to do to complete these projects?
Task: _____ Day: _____ Time: _____

EMERGENT TASKS
Something unplanned took you off? Add them down here.
Task: _____ Day: _____ Time: _____

NOTES

WEEKLY MOMENTUM PLANNER
Phase: _____

MONTHLY OBJECTIVES
What are your objectives?
Objective: _____ Phase: _____ Priority: _____ Start Time: _____ Actual Time: _____

WEEKLY DASHBOARD
What are your weekly goals?
Project: _____ Phase: _____ Priority: _____ Start Time: _____ Actual Time: _____

THIS WEEK'S PROJECTS
What are your weekly projects?
Project: _____ Phase: _____ Priority: _____ Start Time: _____ Actual Time: _____

SCHEDULED EVENTS
What are your weekly events?
Event: _____ Day: _____ Time: _____

DEADLINES
What are your weekly deadlines?
Project: _____ Phase: _____ Priority: _____ Start Time: _____ Actual Time: _____

JANUARY 2020

MONTHLY OBJECTIVES

MONTHLY DASHBOARDS

Calendar grid showing days of the month with checkboxes for tracking progress.