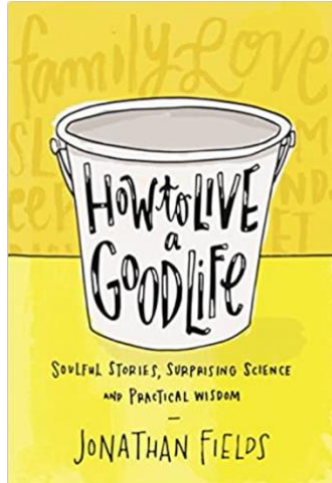


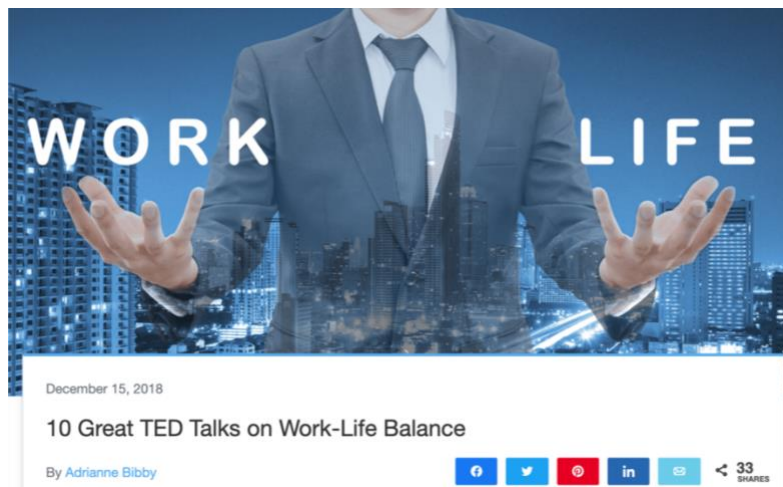
Chapter 7 – *The Well-Integrated Life* Deep Dive Ideas



Explore Jonathan Field's book, *How to Live a Good Life* and the [companion journal](#). [Click here for more info!](#)



Explore this Blog post on Flexjobs: 10 Great TED Talks on Work-Life Balance
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Chapter 7 – Deep Dive Ideas



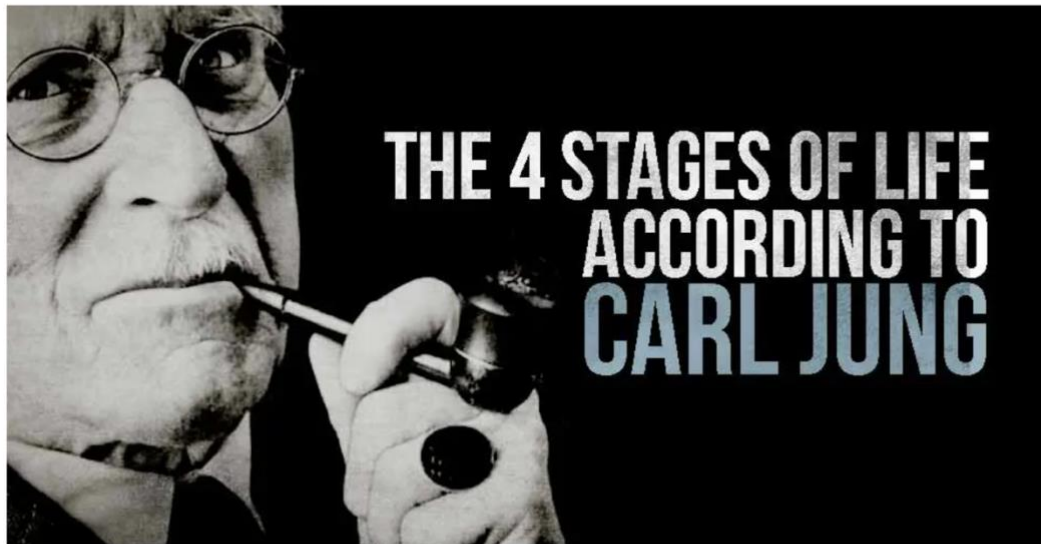
The Four Stages of Life, discussed in this module's video

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 By Justin Gammill — On Oct 28, 2015 — Last updated May 29, 2020

