

Hello Coaches!

Welcome to the Coach Development Academy!

If you have any questions, email us at Info@TrueNorthSports.net

- Classes run from 11:00am-12:30pm Eastern Time (ET)
- The LIVE class call dates are: August 18th, August 25th, September 1st, September 8th, September 22nd, September 29th, October 6th, October 20th
- Please do your best to attend the LIVE calls. If you cannot be on the call live, no worries, every session is recorded and archived on the CDA Virtual Platform.
- Zoom link information can be found below.
- Your Managing Yourself workbook is in the mail!

Coach Development Academy Timeline

- Coach Orientation August 13th (3:30pm)
- Overview of the CDA course and a virtual tour of the *Coach Development Academy*.
- Can't be on live, it will be recorded.
- First class will be Tuesday, August 18th.

Virtual Platform Login

- Please go to: https://truenorthsports.net/dashboard/ to log into the Virtual Coach Development Academy (CDA) platform.
- Use the username and password you created when you registered for the CDA.

How to get the most from your Coach Development Academy Experience

- 1. Attend as many of the LIVE scheduled classes as you can
- 2. If you miss a live class, watch the recording
- 3. Watch module videos on the virtual platform
- 4. Read each chapter before our class sessions
- 5. Complete the exercises for each chapter
- 6. Explore "Deep Dive" materials on the virtual platform
- 7. Please take some time to get to know your speakers and come prepared to ask them a question during the live class.

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Class Schedule:

Tuesday, August 18th: Call #1: Class welcome and Intros. Chapters covered: Workbook Intro and Chapter 1.



With **Celia Slater** CEO and Chief Visionary True North Sports https://truenorthsports.net/celia-slater/

Tuesday, August 25th: Call #2: Chapters covered: Chapter 2 and 3



Guest Speaker: Shimmy Gray Miller Assistant Basketball Coach Clemson University https://clemsontigers.com/coaches/shimmy-gray-miller/

Tuesday, September 1st: Call #3: Chapters covered: 4 and 5



Guest Speaker: **Donald Hill Eley** Head Football Coach Alabama State University <u>https://bamastatesports.com/staff.aspx?staff=166</u>



Tuesday, September 8th: Call #4: Chapters covered: 6 and 7



Guest Speaker: **Buddy Teevens** Head Football Coach Dartmouth College https://dartmouthsports.com/sports/football/roster/coaches/buddy-teevens/3698

Tuesday, September 15th: OFF

Tuesday, September 22nd: Call #5: Chapters covered: 8 and 9



Guest Speaker: **Dr. Tiff Jones** Certified Mental Performance Consultant XFactor Performance https://xfactorperformance.com/about-me/

Tuesday, September 29th: Call #6: Chapters covered: 10 and 11



Guest Speaker: **Bryan Shelton** Head Men's Tennis Coach University of Florida https://floridagators.com/sports/mens-tennis/roster/coaches/bryan-shelton/1226



Tuesday, October 6th: Call #7: Chapters covered: 12 and bonus module Guest Speaker: Stay Tuned! To Be Announced soon!!

Tuesday, October 13th: OFF - Work on Philosophy Presentation

Tuesday, October 20th Call #8: Managing Yourself Closing and Philosophy Presentations-Mentors Invited!

Zoom Call Information

Celia Slater is inviting you to a scheduled Zoom meeting. Topic: Live Coach Development Academy Time: 11-12:30pm ET

Join Zoom Meeting https://zoom.us/j/505234768?pwd=K0Ftc29tR1ZtMGhQcTBoejFWV2YvZz09

Meeting ID: 505 234 768 Passcode: 164030

Dial by your location +1 646 876 9923 US (New York) +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) Meeting ID: 505 234 768 Find your local number: https://zoom.us/u/acSMbQyyov

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