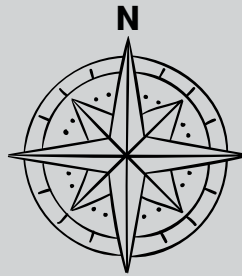


“What we know matters but who  
we are matters more.”

– Brené Brown



chapter 8  
**PUTTING IT ALL  
TOGETHER!**

By Celia Slater

## **Congratulations on completing our second workbook, Managing Your Program.**

Our goal was to provide you with the knowledge, skills and tools to help you create and build the operational structure of your program or organization. As a manager, you need a solid structure to operate from AND you also need the skills to manage the people within your organization. While there are many tasks that must be completed within any organization or team, it takes people to complete those tasks. Therefore, your job is to manage the tasks and the people completing those tasks.

### 3 Biggest Take-A-Ways

List your biggest take-a-ways for each chapter in the boxes below:

#### Chapter 1 – Managing Self : The Bedrock

- 1.
- 2.
- 3.

#### Chapter 2 – Managing Your Staff: Cornerstone #1

- 1.
- 2.
- 3.

#### Chapter 3 – Managing Your Support Staff: Cornerstone #2

- 1.
- 2.
- 3.

#### Chapter 4 – Managing Your Team: The Centerpiece

- 1.
- 2.
- 3.

#### Chapter 5 – Managing Your Leadership: The Key

- 1.
- 2.
- 3.

#### Chapter 6 – Managing the Rest: The Connected

- 1.
- 2.
- 3.

#### Chapter 7 – Other Key Managing Skills

- 1.
- 2.
- 3.

Before you return to your coaching role, please commit to some action items in the upcoming year.

<b>What I Commit to DO RIGHT NOW!</b> I plan to connect with these coaches (name them)
Name:
Name:
Name:

<b>Of the Lessons I Learned:</b> I plan to implement the following immediately upon my return:
1.
2.
3.
4.
5.

<b>I Plan to Dedicate Myself to Doing the Following Over the Next Six Months:</b>
1.
2.
3.
4.
5.

**Three Month Assessment:**

What three lessons have resonated with you the most during the last three months?

1.

2.

3.

**What Commitments Have you Lived up to?**

**What Could Have Been Done Better?**

**What Lesson do you need to Revisit?**

**6 Month and 12 Month Assessments:**

*In the last 6/12 months, how have these lessons helped you improve?*

*What has worked and what has not?*

*Is there anything you learned that you have shared with others?*

*Is there anything you learned that you have adapted to your own style?  
If so, what have you adapted?*

*Who have you reached out to other than coaches?  
What have you learned?*

*Have you been there to support other coaches?*

*What has been your greatest struggle/hardship?*

*Have you revisited your coaching mission statement and coaching philosophy?*

*What have your athletes taught you?*

**Some End of Year Reflection Questions**

Below are some end of year reflection questions you can explore, discuss with your staff and/or write about in your coaching journal.

*My best accomplishment(s) for the year!*

*My "lessons learned" this year. Things that were mistakes I made or things I did that I would definitely do differently given the chance.*

*Who did you forgive this past year?*

*Most difficult conflict I experienced this year.*

*Are you working and living your values?*

*The relationships that grew deeper in my life this year.*

*The biggest surprise I experienced this past year.*

*My biggest area of personal growth this past year was.....*

*My biggest area of growth as a coach this past year was....*

**Some End of Year Reflection Questions (continued)**

*My biggest emotional challenge was....*

*My biggest spiritual challenge was....*

*My biggest physical challenge was....*

*My biggest mental/intellectual challenge was.....*

*My biggest ethical challenge I experienced this year was....*

*I stepped out of my comfort zone this year by.....*

*I'm most grateful for.....*

*How do you feel about coaching as a career at this point in your life?*

*What has shifted the most for you over the course of the year?*



# Hello Coaches!

We are so grateful you chose to join True North Sports on your coach development journey!

We hope the **Managing Your Program** workbook provided you with the knowledge, skills, and tools to help you implement your vision for your program or organization.

Explore Our Entire Workbook Series and Virtual Courses

**Workbook #1, Managing Yourself**, provides you with the framework, tools, ideas, and support to gain clarity around your values, strengths, your life story and how to better manage your time and develop your own unique coaching philosophy.

**In Workbook #3, Managing Your Culture**, we take the next step in bringing your philosophy to life by building a culture that reflects your values and vision.

**In Workbook #4, Managing Your Career**, we will provide the skills and insights needed to apply and interview for jobs. How to transition from assistant coach to a head coach or if you are currently a head coach, how to transition to a new school or club position.



Please stay involved and remain a part of the True North Sports coaching community. Visit [www.TrueNorthSports.net](http://www.TrueNorthSports.net) and follow us on:



We welcome your feedback and questions.  
Please email us at [Info@TrueNorthSports.net](mailto:Info@TrueNorthSports.net)  
Keep Shining Bright Coaches!

With Gratitude,

**Celia Slater and The True North Sports Team**



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