

Chapter Reflection and Commitments



List your 3 biggest takeaways from this chapter:

- 1.
- 2.
- 3.

What resonated strongly for you from this chapter and why?

When reading this section it became clear to me I need to improve in the following area(s):

How will you improve in these areas? Is there a class you need to take? Is there a book you need to read? Is there a person you need to contact? Is there a video you need to watch? What is one thing you can commit to?

What will you implement immediately into your program, team, organization or club from this chapter?

How will you implement this? What steps will you take?

- Step 1:
Step 2:
Step 3: