



# Credible Coaches Assessment

Using a scale from one to ten, rate your coaches on the following characteristics:

**Strongly Disagree**    **Disagree**    **Agree**    **Strongly Agree**  
 1 2 3                      4 5                      6 7                      8 9 10

Characteristics	Head Coach	Assistant Coach 1	Assistant Coach 2
<u>Character-based</u> : Acts in an ethical, honest, and trustworthy manner.			
<u>Competent</u> : Has a solid understanding of the rules, mechanics, and strategies.			
<u>Committed</u> : Works hard and is committed to building a successful program.			
<u>Caring</u> : Genuinely cares about my overall success and me.			
<u>Confidence-builder</u> : Is effective at building and maintaining my confidence.			
<u>Communicator</u> : Is an effective communicator and listener.			
<u>Consistent</u> : Is consistent in terms of her moods and approach to team discipline.			

Helpful Hints for Head Coach: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Helpful Hints for Assistant Coach 1: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Helpful Hints for Assistant Coach 2: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

(Credit Holly Hesse)