



WORKSHEET

Stop and Assess

What is the current state of your program's culture?

Is it open and safe for everyone to express their ideas and concerns or are unspoken rules promoting silence and secrecy?

Is the current culture designed by intent (active) or culture by consent (passive)?

Results aside, what is your team about?

Without referencing a written guidebook, what are your team values?

If someone were to watch your team practice or play, what types of things would they notice that your team values? (*i.e.: respect, hard work, enthusiasm, details, etc.*)

What things would your players and coaches have done during the above session to express those values?